



Section #1-Creating a Meaningful Connection with Your Child

The Guiding Your Child through Difficult Times Workshop

WITH DR. KEVIN SKINNER | ©2021 ParentGuidance.org

Key factors that determine the quality of the relationship

A.R.E. you there for me? Watch the "Still Face Experiment" and answer these questions:

1. What thoughts do you have about parenting as you watch the still face experiment?
2. In what ways have been there for your child?
3. In what ways do you feel like you can improve your (A.R.E) accessibility, responsiveness, and emotional awareness with your child?

